

Day 1 Programme - 4th April 2019 (Thursday)

Lecture Hall A, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
0700 - 1730	REGISTRATION COUNTER OPEN		
0800 - 0830	PLENARY 1		
		Chairperson	Dr Siti Hawa Tahir
	PL 01	Superior Capsular Reconstruction From Basic Science To Surgery	Assoc Prof Dr Teruhisa Mihata
0830 - 0900	PLENARY 2		
		Chairperson	Dr Sachin Tapasvi
	PL 02	Understanding The Patella	Dr Robert John Bartlett
0900 - 1000	OPENING CEREMONY & KEYNOTE LECTURE		
		Chairperson	Dr Enrique Leonardo C. Pasion
	KL 01	Is The Latest Always The Greatest In Sports Medicine	Prof Dr Freddie H. Fu
1000 - 1045	TEA BREAK & EXHIBIT VISIT		
	SHOULDER 1 - MASSIVE FAILED ROTATOR CUFF		
		Chairperson	Col (R) Vejayan Rajoo Prof Dr A. Merter Ozenci
1045 - 1057	SS 01	Which Cuff Is Irreparable?	Dr Ng Wuey Min
1057 - 1109	SS 02	Mechanical (Graft) & Biologic Augmentation	Dr Anish G R Potty
1109 - 1121	SS 03	Indication Of Superior Scapular Reconstruction: My Last 10 Years Experience	Assoc Prof Dr Teruhisa Mihata
1121 - 1133	SS 04	Tendon Transfers: My Approach, Indication, Technique And Limitations	Dr Jaap (W. J.) Willems
1133 - 1145	SS 05	Reverse Shoulder Arthroplasty For Cuff Deficiency Without Arthritis	Dr Peter Campbell
1145 - 1215	Live Cadaveric Demonstration On SCR 		Assoc Prof Dr Teruhisa Mihata
1215 - 1245	ARTHREX LUNCH SYMPOSIUM		
		Chairperson	Dr Mark Ferguson
	LS 01	Decision Making In The Management Of Meniscal Root Tears	Dr Sachin Tapasvi
		Superior Capsular Reconstruction And Cuff Repair - When And Why?	Assoc Prof Dr Teruhisa Mihata
1245 - 1345	LUNCH BREAK & EXHIBIT VISIT		
	KNEE 1 - ACL		
		Chairperson	Dr Charanjeet Singh
1345 - 1357	SK 01	What Is An Ideal ACL Reconstruction?	Dr Dave Lee Yee Han
1357 - 1409	SK 02	ACL Update For 2019 - Review Of Recent Literature	Prof Dr Ryosuke Kuroda
1409 - 1421	SK 03	What Is ACL?	Prof Dr Freddie H. Fu
1421 - 1433	SK 04	Consensus On Anterolateral Extra-Articular Procedures Of The Knee	Asst Prof Dr Alan Getgood
1433 - 1445	SK 05	Kinesiophobia And Return To Sports After Anterior Cruciate Ligament Reconstruction	Assoc Prof Dr Gizem Irem Kinikli
1445 - 1515	Live Cadaveric Demonstration On ACL 		Prof Dr Freddie H. Fu
1515 - 1545	TEA BREAK & EXHIBIT VISIT		
	SHOULDER 2 - SHOULDER POTPOURRI		
		Chairperson	Dr Soon Chee Khian Dr Peter Campbell
1545 - 1557	SS 06	SLAP Lesions: Should We Fix And How Do We Fix It	Dr Tang Ha Nam Anh
1557 - 1609	SS 07	Tackling Adhesive Capsulitis Effectively	Prof Dr A. Merter Ozenci
1609 - 1621	SS 08	Tackling Pain - Suprascapular Nerve Compression	Dr Ashish Babhulkar
1621 - 1633	SS 09	Massive Rotator Cuff Repair With Augmentation Of LHBT (Chinese Way)	Prof Dr Chen Shiyi
1633 - 1645	SS 10	Arthroscopic Subscapularis Repair	Prof Dr Hermawan Nagar Rasyid
1645 - 1715	Live Cadaveric Demonstration On Reverse Shoulder Arthroplasty 		Prof Dr Park Jin-Young
END OF DAY 1			

TIME	PROGRAMME		
0700 - 1730	REGISTRATION COUNTER OPEN		
0800 - 0900	PLENARY LECTURES IN LECTURE HALL A		
0900 - 1000	OPENING CEREMONY & KEYNOTE LECTURE IN LECTURE HALL A		
1000 - 1045	TEA BREAK & EXHIBIT VISIT		
	ORTHOPAEDIC RESEARCH 1		
		Chairperson	Dr Sureshan Sivananthan
1045 - 1100	SR 01	Rotational Stability & Antero-Lateral Complex Of The Knee	Prof Dr Patrick Yung Shu Hang
1100 - 1115	SR 02	Current Concepts In Tendinopathy And Clinical Experience With Ultrasound-Guided Percutaneous Tenotomy	Dr Joyce Koh Suang Bee
1115 - 1130	SR 03	Bone Marrow Stimulation For Chondral Repair	Assoc Prof Dr Abdulaziz Zamil Alomar
1130 - 1145	SR 04	Role Of Macrophage In Synovial Inflammation Leading To Osteoarthritis	Prof Dr Tunku Kamarul Zaman
1145 - 1151	FR 01	MSC Exosomes Alleviate Inflammation And Joint Degeneration In Rat Knee Osteoarthritis <i>Yedan Wang, Shipin Zhang, Francis KL Wong, Kristeen Ye-Wen Teo, Xiafei Ren, Afizah Hassan, Ruenn Chai Lai, Sai Kiang Lim, James Hoi Po Hui, Wei Seong Toh</i>	Wang Yedan
1151 - 1157	FR 02	Monocyte Activation, Migration And Functional Differentiation In Response To Mediators Released From Aseptic Loosening Revision Surgery Periprosthetic Tissues <i>Krishnamurithy G, Roebuck M.M, Barrera V, Merican AM, Abbas AA, Chan C.K, Murali MR, Mansor A, Kamarul T, Frostick S.P</i>	Dr Krishnamurithy Genasan
1157 - 1203	FR 03	Altering Chondrogenic Differentiation Of MSCs By Pulsed Electromagnetic Fields <i>Cenk Celik, Zheng Yang, Alfredo Franco-Obregón, James HP Hui</i>	Cenk Celik
1203 - 1209	FR 04	Early Alterations Of Subchondral Bone And Articular Cartilage In The Rat Model Of Post-Traumatic Osteoarthritis <i>Nik Aizah Nabilla Faheem, Chong Pan Pan, Tunku Kamarul Zaman</i>	Dr Nik Aizah Nabilla Faheem
1209 - 1215	FR 05	Metabolomics Of Urine Through ¹H NMR In Acute Spinal Cord Injury (ASCI) Subjects <i>Alka Singh, Rajeshwar Nath Srivastava, Lavini Raj, Abbas Ali Mahdi, Ravindra Kumar Garg, Raja Roy</i>	Alka Singh
1215 - 1245	ARTHREX LUNCH SYMPOSIUM IN LECTURE HALL A		
1245 - 1345	LUNCH BREAK & EXHIBIT VISIT		
	ORTHOPAEDIC RESEARCH 2		
		Chairperson	Dr Joyce Koh Suang Bee
1345 - 1400	SR 05	Dedifferentiation Of MSCs As A New Strategy For Cartilage Regeneration	Prof Dr Li Gang
1400 - 1415	SR 06	Nanoparticle Induced Endothelial Leakiness May Enhance Drug And Cell Therapy Access To Cartilage And Bone Injury Sites	Assoc Prof Dr David Leong Tai Wei
1415 - 1430	SR 07	Comparative Analysis Of Treatment Of Large Osteochondral Lesions Treated With SC Bone Reconstruction Alone Vs SC Bone Reconstruction & ACI	Dr Deepak Goyal
1430 - 1445	SR 08	The Role Of TGF β In The Management Of Osteoarthritis. A New Treatment	Dr Sureshan Sivananthan

continue next page


Day 1 Programme - 4th April 2019 (Thursday)

Lecture Hall B, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
1445 - 1451	FR 06	Effects Of Mesenchymal Stem Cell Exosome And Hyaluronic Acid Combination On Functional Cartilage Repair <i>Francis KL Wong, Shipin Zhang, Ming Wang, Kristeen Ye-Wen Teo, Shang Jiunn Chuah, Xiafei Ren, Afizah Hassan, Yingnan Wu, Ruenn Chai Lai, Sai Kiang Lim, James Hoi Po Hui, Eng Hin Lee, Wei Seong Toh</i>	Dr Francis Wong Keng Lin
1451 - 1457	FR 07	MSC Exosome: A Cell-Free Therapy For Cartilage Repair <i>Shipin Zhang, Sai Kiang Lim, James Hoi Po Hui, Wei Seong Toh</i>	Zhang Shipin
1457 - 1503	FR 08	Mechanical Uniaxial Tensile Strain Produces Comparable Tenogenic Differentiation Potential In Adipose And Bone Marrow Derived Mesenchymal Stromal Cells <i>In Vitro</i> <i>Rusdi DY, Nam.HY, Kamarul.T</i>	Dr Rusdi Draman Yusof
1503 - 1509	FR 09	Implantation Of Platelet-Rich Fibrin And Allogenic Mesenchymal Stem Cells Facilitate The Healing Of Muscle Injury: An Experimental Study On Animal <i>Kukuh Dwiputra Hernugrahanto, Dwikora Novembri Utomo, Ferdiansyah Mahyudin, Heri Suroto, Muhammad Zaim Chilmi, Fedik Abdul Rantam</i>	Dr Kukuh Dwiputra Hernugrahanto
1509 - 1515	FR 10	A Genome-Wide Association Study Identifies New Genes Associated With Developmental Dysplasia Of The Hip <i>Wenjin Yan, Zheng Hao, Qing Jiang</i>	Dr Yan Wenjin
1515 - 1545	TEA BREAK & EXHIBIT VISIT		
	FREE PAPER ORAL PRESENTATIONS 1		
		Chairperson	Dr Harjeet Singh
1545 - 1552	FB 01	Knee Preservation Techniques For Severe Synovial Osteochondromatosis In End-Stage Osteoarthritic Knee Using High Tibia Osteotomies, Cartilage Restoration Procedure, And Biologics; A Case Report In Bilateral Knees <i>Andre Yanuar, Dwikora Novembri Utomo</i>	Dr Andre Yanuar
1552 - 1559	FB 02	Clinical And Functional Outcomes For All Inside TightRope® Versus PLLA-HA Interference Screw Fixation In Arthroscopic ACLR <i>Nishit Palo</i>	Asst Prof Dr Nishit Palo
1559 - 1606	FB 03	Comparison Of Femoral And Tibial Torsion Between Recurrent Patellar Dislocation Patients And Healthy Subjects Based On EOS Imaging <i>Xingquan Xu, Wenqiang Yan, Dongquan Shi, Qing Jiang</i>	Dr Xingquan Xu
1606 - 1613	FB 04	Translation, Adaptation, And Validation Of Western Ontario And McMaster Universities Osteoarthritis Index (WOMAC) For Indonesian <i>Karsten S, Limena S, Phandu M</i>	Dr Shannen Karsten
1613 - 1620	FB 05	Long-Term Results Of Arthroscopic Debridement And Meniscectomy In Patients More Than 55 Years With Knee Osteoarthritis <i>Hamid Rahmatullah Abd Razak, Kia-Sheng Jonathan Phua, Amit Kanta Mitra</i>	Dr Hamid Rahmatullah Abd Razak

continue next page


Day 1 Programme - 4th April 2019 (Thursday)

Lecture Hall B, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
1620 - 1627	FB 06	Proximal Tibiofibular Joint Instability In Multiligamentous Knee Injury <i>Bushu Harna</i>	Dr Bushu Harna
1627 - 1634	FB 07	Knee Muscle Strength Post ACL Reconstruction With Hamstring Tendon Autograft – A Quantitative Analysis Using Force Gauge <i>Deepak Rangaswamy</i>	Dr Deepak Rangaswamy
1634 - 1641	FB 08	Physical Function And Psychological Factors In Return To Pre-Injury Sports Activity After Anterior Cruciate Ligament Reconstruction <i>Nurulhasyim Saparai, Abdul Halim Mokhtar, Alston Choong</i>	Dr Nurulhasyim Saparai
1641- 1648	FB 09	Association Of CCL2 Gene Polymorphisms And Their Serum Levels With Susceptibility To Knee Osteoarthritis <i>Amar Chandra Sharma</i>	Dr Amar Chandra Sharma
1648 - 1655	FB 10	Significant Instability In Predicting Meniscal Tears In ACL Deficiency. A Proposed Theory <i>Nagmani Singh, Amit Joshi, Ishor Pradhan, Ashok Kumar Banskota</i>	Dr Nagmani Singh
1655 - 1702	FB 11	Comparison Of Knee Outcome Scores After Isolated ACL Reconstruction, ACL Reconstruction With Meniscal Repair Or With Meniscal Bucket Handle Repair At 2 Year Follow Up <i>Ankit Prasad, David Mao, Zhixue Lim, Dave Lee</i>	Dr Ankit Prasad
1702 - 1709	FB 12	Does The Pre-Operative Patient Anxiety Influence The Post-Operative Pain And Recovery In Patients Undergoing Arthroscopic Knee Surgery? <i>GP Arumugam, MF Zainal Abidin, SS Ganapathy, MZ Al Fayyadh</i>	Dr Gayathri P Arumugam
END OF DAY 1			

Day 1 Programme - 4th April 2019 (Thursday)

Lecture Hall C, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
0700 - 1730	REGISTRATION COUNTER OPEN		
0800 - 0900	PLENARY LECTURES IN LECTURE HALL A		
0900 - 1000	OPENING CEREMONY & KEYNOTE LECTURE IN LECTURE HALL A		
1000 - 1045	TEA BREAK & EXHIBIT VISIT		
	FREE PAPER ORAL PRESENTATIONS 2		
		Chairperson	Dr Ahmad Farihan Mohd Don
1045 - 1052	FC 01	Clinical And Functional Outcome Of All-Inside Anterior Cruciate Ligament Reconstruction In Hospital Sultanah Bahiyah, Alor Setar <i>Alexander S, Nacchappan, Kam ML, Suhairi J, Suresh C</i>	Dr Alexander Samuel Thavamany
1052 - 1059	FC 02	Does Arthroscopic Three Portal Patellar Tracking Aid In Management Of Transient Patellar Dislocation (TPD)? <i>Ramakanth R, Sundararajan SR, Rajasekaran S</i>	Dr Ramakanth Rajagopalakrishnan
1059 - 1106	FC 03	Proximal Fibular Osteotomy As A Reliable Surgical Option In Management Of Medial Femorotibial Osteoarthritis <i>Loh KW, Kunalan G, Siva T, Siti HT</i>	Dr Loh Kwong Weng
1106 - 1113	FC 04	Technique To Get A Reliable Femoral Tunnel Length In Anatomical Anterior Cruciate Ligament Reconstruction - Prospective Observational Study <i>Abdul Gafoor Palakkapilly Mohamedasharaf</i>	Dr Abdul Gafoor Palakkapilly Mohamedasharaf
1113 - 1120	FC 05	Biomechanical Evaluation Of Soft Tissue Loop Technique And Other Bony Methods For Medial Patellofemoral Ligament Reconstruction <i>Mohamed Zubair Mohamed Al-Fayyadh</i>	Dr Mohamed Zubair Mohamed Al-Fayyadh
1120 - 1127	FC 06	Does Delay In Reconstruction Of Ligament After ACL Injury Correlate With Higher Incidence Of Associated Knee Injuries? <i>Prasad Soraganvi</i>	Dr Prasad Soraganvi
1127 - 1134	FC 07	Arthroscopic All-Inside Repair Through Popliteal Hiatus For The Horizontal Tear Of Lateral Meniscus Involving Popliteal Tendon <i>Chaohua Fang</i>	Dr Chaohua Fang
1134 - 1141	FC 08	Medial Hamstring Tendon Regeneration Following Harvest For Anterior Cruciate Ligament Reconstruction: A Comparison Between Two Different Techniques Of Grafts Harvesting <i>Low Chin Aun, Teo Seow Hui, Ng Wuey Min</i>	Dr Low Chin Aun
1141 - 1148	FC 09	A Descriptive Study On Sports-Related Knee Injuries <i>Armand Bryan De Leon Sutingco, Carlo Emmanuel J. Sumpaico</i>	Dr Armand Bryan De Leon Sutingco
1148 - 1155	FC 10	Medial Patellofemoral Ligament Reconstruction Using Quadriceps Tendon Graft <i>Armand Bryan De Leon Sutingco, Terence Leveriza</i>	Dr Armand Bryan De Leon Sutingco
1155 - 1202	FC 11	Safety And Effect Of Allogenic Wharton's Jelly Derived Mesenchymal Stem Cells For Treatment Of Large And Multiple Knee Articular Cartilage Defect <i>Mohd Nazran R, Badrul AHMY, Sze-Piaw Chin, Abdul Wahid, S.F.S., Ahmad-Farihan, Norlelawati M, Ali Noor I</i>	Dr Mohd Nazran Ramlan
1202 - 1209	FC 12	Multi Ligament Femoral Tunnel Management In A Retrograde Nail Constrained Knee - Technical Note <i>Gopinath Duraiswamy, Santosh K Sahanand, David V Rajan</i>	Dr Gopinath Duraiswamy
1215 - 1245	ARTHREX LUNCH SYMPOSIUM IN LECTURE HALL A		
1245 - 1345	LUNCH BREAK & EXHIBIT VISIT		

continue next page

TIME	PROGRAMME	
	FREE PAPER ORAL PRESENTATIONS 3	
	Chairperson	Dr Ng Wuey Min Prof Dr Hermawan Nagar Rasyid
1345 - 1352	FC 13	Clinical Efficacy Of Manipulation Under Continuous Interscalene Block Vs. Intra-Articular Steroid Vs. Combination Of Both For Frozen Shoulder - A Prospective Study <i>Antony Roy, Balaji Zacharia</i>
1352 - 1359	FC 14	Comparative Evaluation Of Non Operative Treatment Modalities For Frozen Shoulder <i>Bushu Harna</i>
1359 - 1406	FC 15	A Machine Learning Model Can Predict Shoulder Re-Dislocation Probability After The First-Time Episode In Young Patients <i>Chih-Kai Hong, Chin Kuo, Chia-Li Chang, Wei-Ren Su, Ta-Wei Tai</i>
1406 - 1413	FC 16	Supraspinatus Calcifying Tendinopathy: Utility Of Ultrasound Guided Needle Lavage <i>Chirag Dhirendrakumar Patel, Pokhraj Suthar</i>
1413 - 1420	FC 17	Intra-Articular Steroid Injection - Efficacy In Primary Frozen Shoulder <i>Chirag Dhirendrakumar Patel, Pokhraj Suthar</i>
1420 - 1427	FC 18	Supraspinatus Tendon Injury As A Consequence Of Interlocking Nail Of Humerus <i>Hilal Salim Ali Al Housni</i>
1427 - 1434	FC 19	All-Arthroscopic Acromioclavicular Joint Reconstruction: Surgical Technique And Case Reports <i>Kristine Italia, Kenneth Cutbush</i>
1434 - 1441	FC 20	Double Tunnel Anatomical Coracoclavicular Ligament Reconstruction With Double TightRope® Suspensory Fixation In Acute AC Joint Dislocations <i>Nishit Palo, Sidharth Singh Chandel, Bhaskar Borgohain, Ranajit Panigrahi, Dibya Singha Das, Manoj Kumar Patel</i>
1441 - 1448	FC 21	Outcomes Following Arthroscopic Shoulder Decompression Surgery In Hospital Tuanku Ja'afar Seremban: A Case Series And Review Of Literature <i>Premdas B., Solayar G.N.</i>
1448 - 1455	FC 22	Moving Forward From Conservative: Outcome Of Displaced Clavicle Fracture Treated With Pre-Contoured Anatomical Locking Plate <i>Sri Arun S, Liong W, Anbarasan A, Krishnan J, Osman Z</i>
1455 - 1502	FC 23	Biological Preservation In Massive Retracted Rotator Cuff Tear <i>Hafiz Muhammad Kashif Shafi, Masood K</i>
1502 - 1509	FC 24	Role Of A Single Corticosteroid Injection In Pain Relief And Improved Range Of Motion In Patients With Adhesive Capsulitis Of Shoulder Joint <i>Imran Khan</i>
1515 - 1545	TEA BREAK & EXHIBIT VISIT	
	FREE PAPER ORAL PRESENTATIONS 4	
	Chairperson	Dr Hishamudin Masdar
1545 - 1552	FC 25	Anterior Cruciate Ligament Reconstruction Of Patients Living In Rural Areas Results In Poor Clinical Outcomes <i>Binod Sherchan, Saroj Rai</i>
1552 - 1559	FC 26	An Incidental Discoid Meniscus In A Middle Aged Gentleman Treated As A Meniscus Tear <i>Tan Jin Aun, Arifaizad Abdullah</i>

continue next page

 Day 1 Programme - 4th April 2019 (Thursday)

Lecture Hall C, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
1559 - 1606	FC 27	Comparison Of Physical Examination And Magnetic Resonance Imaging With The Findings From Arthroscopy In Diagnosis Of Knee Injuries: A Retrospective Study In A Tertiary Hospital <i>Norliyana Mazli, Nur Faizan Jaafar, Zulkifli Hassan</i>	Dr Norliyana Mazli
1606 - 1613	FC 28	Efficacy Of Intra-Articular Platelet-Rich Plasma Injections In Knee Osteoarthritis: A Short Term Review In NITOR <i>Dibakar S, Islam SS, Rahman W</i>	Dr Dibakar Sarkar
1613 - 1620	FC 29	Arthroscopic Reconstruction Of ACL By Tripled Semitendinosus Autograft Provide Adequate Stability <i>Sanjoy Sinha</i>	Dr Sanjoy Sinha
1620 - 1627	FC 30	Medial Patellofemoral Ligament Reconstruction – Our Technique & Short Term Functional Outcome <i>Noman Khan, Faizan Iqbal, Muhammad Kazim, Muhammad Sufyan, Muhammad Bilal</i>	Dr Noman Khan
1627 - 1634	FC 31	High Tibial Osteotomy For Varus Deformity Has An Excellent Functional Outcome At 5 Years Follow-Up <i>Prashant Shivanand Janorkar, Nithin Vadlamudi, Mallinath Gidaganti</i>	Dr Prashant Shivanand Janorkar
1634 - 1641	FC 32	Functional Outcome Of Arthroscopic ACL Reconstruction Using Hamstring Autograft With Fixation Using Adjustable Loop Endobutton And Bioabsorbable Screw <i>Sana Ullah, Imran Khan, Zeeshan Khan, Muhammad Arif Khan, Israr Ahmad, Muhammad Saeed</i>	Dr Sana Ullah
1641- 1648	FC 33	Healing Capacity Of Damaged Anterior Cruciate Ligament, Evaluation Through Histology <i>Zainab Aqeel Khan, Umer Butt, Naila Zahir, Zeeshan Khan, Imran Shah, Junaid Ali Shah, FilipVuletić</i>	Dr Zainab Aqeel Khan
1648 - 1655	FC 34	Multiligamentous Knee Injury Treated With Autologous Graft Our Novel Technique <i>Muhammad Arsalan Ghazi, Kazim Rahim Najjad, Muhammad Sufyan, Syed Kamran Ali Shah</i>	Dr Muhammad Arsalan Ghazi
1655 - 1702	FC 35	Role Of Intra-Articular Corticosteroid With Xylocaine Versus Platelet-Rich Plasma For The Treatment Of Grade II Knee Osteoarthritis <i>Syed Faraz Ul Hassan Shah Gillani, Farooq A</i>	Dr Muhammad Hanif
END OF DAY 1			

Day 2 Programme - 5th April 2019 (Friday)

Lecture Hall B, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
0700 - 1730	REGISTRATION COUNTER OPEN		
	ICL 1 - PATELLOFEMORAL INSTABILITY		
		Chairperson	Dr Tang Ha Nam Anh Dr K Raveendran
0800 - 0810	SI 01	Pathology Of PF Instability	Assoc Prof Dr Chanakarn Phornphutkul
0810 - 0820	SI 02	Clinical And Imaging For PF Instability	Dato' Dr Badrul Akmal Hisham Md. Yusoff
0820 - 0830	SI 03	Soft Tissue Surgical Techniques To Treat PF Instability	Prof Dr Ryosuke Kuroda
0830 - 0840	SI 04	Bone Surgical Techniques To Treat PF Instability	Dr Sachin Tapasvi
0840 - 0850	SI 05	Rehabilitation Strategy For Patellofemoral Instability	Assoc Prof Dr Gizem Irem Kinikli
0850 - 0900		Q & A Session	All Speakers Above

Day 2 Programme - 5th April 2019 (Friday)

Lecture Hall C, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
0700 - 1730	REGISTRATION COUNTER OPEN		
	ICL 2 - AC JOINT		
		Chairperson	Assoc Prof Dr Mohd Nizlan Mohd Nasir Assoc Prof Dr Bancha Chernchujit
0800 - 0810	SI 06	What Ails In AC Joint Injury	Col (R) Dr Vejayan Rajoo
0810 - 0820	SI 07	The Acute AC Joint Injury	Asst Prof Dr Wong Tak Man
0820 - 0830	SI 08	The Neglected-Chronic AC Injury	Assoc Prof Dr Chanakarn Phornphutkul
0830 - 0840	SI 09	Why Repairs Fail?	Dr Harjeet Singh
0840 - 0850	SI 10	AC Joint Biological Reconstruction	Dr Ashish Babhulkar
0850 - 0900	SI 11	My Preferred Surgical Technique	Dr Peter Campbell

Day 2 Programme - 5th April 2019 (Friday)

Lecture Hall A, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
0700 - 1730	REGISTRATION COUNTER OPEN		
0800 - 0900	ICL SESSIONS IN LECTURE HALLS B & C (Refer to Page 17 for ICL Programme)		
0900 - 0915	PLENARY 3		
		Chairperson	Dr Ludwig Andre Pontoh
	PL 03	3-D Printing In Orthopaedics	Prof Edward (Ted) Mah
0915 - 0930	PLENARY 4		
		Chairperson	Dr Ludwig Andre Pontoh
	PL 04	Ideal Cocktail - Merging Academic And Clinical Orthopaedic Practice	Prof Edward (Ted) Mah
0930 - 1000	PLENARY 5		
		Chairperson	Prof Dr Tunku Kamarul Zaman
	PL 05	Updates On The Latest Stem Cell Strategies For Cartilage Defect Repair	Prof Dr Li Gang
1000 - 1045	TEA BREAK & EXHIBIT VISIT		
	SHOULDER 3 - INSTABILITY		
		Chairperson	Dr Hishamudin Masdar Dr Umer Butt
1045 - 1057	SS 11	Instability In Throwing Athletes	Prof Dr Park Jin-Young
1057 - 1109	SS 12	Arthroscopic Anterior Stabilization - When And How? Tips For Success	Dr Soon Chee Khian
1109 - 1121	SS 13	Diagnosis And Treatment Of Posterior Shoulder Instability	Asst Prof Dr Wong Tak Man
1121 - 1133	SS 14	Bone Loss In Shoulder Instability	Dr Jaap (W. J.) Willems
1133 - 1145	SS 15	Arthrolatarjet - Technique & Pitfalls	Dr Ashish Babhulkar
1145 - 1215	Live Cadaveric Demonstration On Open Latarjet 		Dr Jaap (W. J.) Willems
1215 - 1245	ZIMMER BIOMET LUNCH SYMPOSIUM		 Your progress. Our promise.
		Chairperson	Dato' Dr Badrul Akmal Hisham Md Yusoff
	LS 02	Management Of Massive Cuff Tears: Repair Or Replace	Dr Ashish Babhulkar
1245 - 1345	LUNCH BREAK & EXHIBIT VISIT		
	KNEE 2 - PCL / PLC, MULTILIGAMENT		
		Chairperson	Dr Anant Joshi
1345 - 1357	SK 06	Who Needs A PCL Reconstruction?	Datuk Dr Mohd Asri Abd Ghapar
1357 - 1409	SK 07	What Is An Ideal PCL Reconstruction?	Prof Dr Michael J. Strobel
1409 - 1421	SK 08	Trans Septal Remnant Preserving PCL Reconstruction	Assoc Prof Dr Bancha Chernchujit
1421 - 1433	SK 09	Single Or Double Bundle PCL Reconstruction: What Is The Consensus	Asst Prof Dr Alan Getgood
1433 - 1445	SK 10	Importance Of Alignment In Neglected PCL Instability	Dr Sachin Tapasvi
1445 - 1515	Live Cadaveric Demonstration Of The PCL 		Prof Dr Michael J. Strobel
1515 - 1545	TEA BREAK & EXHIBIT VISIT		
	KNEE 3 - REVISION ACL		
		Chairperson	Prof Dr Halit Pinar
1545 - 1557	SK 11	Why Do ACL Reconstructions Fail?	Asst Prof Dr Alan Getgood
1557 - 1609	SK 12	Imaging The Failed ACL Reconstruction	Prof Dr Ryosuke Kuroda
1609 - 1621	SK 13	Managing A Malpositioned Femoral Tunnel	Dr Sachin Tapasvi
1621 - 1633	SK 14	Managing A Malpositioned Tibial Tunnel	Dr Anant Joshi
1633 - 1645	SK 15	Osteotomy - A Powerful Tool For The Failed ACL	Dr Charanjeet Singh
1645 - 1715	Live Cadaveric Demonstration Of The Anterolateral Complex 		Asst Prof Dr Alan Getgood
END OF DAY 2			

Day 2 Programme - 5th April 2019 (Friday)

Lecture Hall B, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
0700 - 1730	REGISTRATION COUNTER OPEN		
0800 - 0900	ICL 1 - PATELLOREMORAL INSTABILITY <i>(Refer to Page 17 for ICL Programme)</i>		
0900 - 1000	PLENARY SESSIONS IN LECTURE HALL A		
1000 - 1045	TEA BREAK & EXHIBIT VISIT		
	HIP 1		
		Chairperson	Adj Asst Prof Dr Poh Seng Yew
1045 - 1057	SH 01	Clinical Assessment Of The Hip - The Layered Concept	Dr Dadang R. Sasetyo
1057 - 1109	SH 02	Introduction To Hip Arthroscopy	Adj Asst Prof Dr Poh Seng Yew
1109 - 1121	SH 03	Labral Tears - Debridement, Repair Or Reconstruction?	Col (R) Dr Azmi Abdul Latif
1121 - 1133	SH 04	Femoroacetabular Impingement - Concepts, Assessment & Evidence	Adj Asst Prof Dr Poh Seng Yew
1133 - 1145	SH 05	Video Demo - Arthroscopic Management For Femoroacetabular Impingement	Adj Asst Prof Dr Poh Seng Yew
1145 - 1157	SH 06	Extra-Articular Impingement	Prof Dr Soshi Uchida
1157 - 1215		Q & A Session	All Speakers Above
	ANIKA THERAPEUTICS LUNCH SYMPOSIUM Hyalofast One-Step Procedure In Cartilage Repair: Path-Breaking, Interactive Symposium		
		Chairperson	Prof Dr Mahmut Nedim Doral
1215 - 1245	LS 03	Biological Restoration Of Articular Cartilage: The Advantage Of One-Step Techniques	Prof Dr Mahmut Nedim Doral
		Hyalofast Plus Microfracture For Cartilage Repair In The Knee: 3-Year Results And Surgical Tips & Tricks	Dr Tho Kam San
		Hyalofast In The Treatment Of Osteochondral Lesion Of The Ankle-Surgical Technique And Clinical Results	Prof Dr Mahmut Nedim Doral
1245 - 1345	LUNCH BREAK & EXHIBIT VISIT		
	HIP 2		
		Chairperson	Adj Asst Prof Dr Poh Seng Yew
1345 - 1357	SH 07	Hip Dysplasia - Assessment And Treatment	Prof Dr Soshi Uchida
1357 - 1409	SH 08	Video Demo - Endoscopic Shelf Acetabuloplasty	Prof Dr Soshi Uchida
1409 - 1421	SH 09	Peritrochanteric Space Disorders	Adj Asst Prof Dr Poh Seng Yew
1421 - 1433	SH 10	Deep Gluteal Syndrome - How To Diagnose And Treat	Prof Dr Soshi Uchida
1433 - 1445	SH 11	Limits Of Hip Arthroscopy - When Should I Consider Open Surgery?	Col (R) Dr Azmi Abdul Latif
1445 - 1457	SH 12	Complication Of Hip Arthroscopy - How Do I Avoid Them	Dr Dadang R. Sasetyo
1457 - 1515		Q & A Session	All Speakers Above
1515 - 1545	TEA BREAK & EXHIBIT VISIT		
	JB EXCELLENCE IN SPORTS SURGERY AWARD PRESENTATION JUDGING		
		Chairperson	Dr Harjeet Singh
		Judges	Dr Robert John Bartlett
			Prof Dr Mahmut Nedim Doral
			Dr K Raveendran
1545 - 1552	JBA 01	Biomechanical Evaluation Of Cross Tie Grip Suture For Radial Meniscal Tears <i>Yuta Nakanishi, Daisuke Araki, Kouki Nagamune, Tetsuya Yamamoto, Noriyuki Kanzaki, Yuichi Hoshino, Takehiko Matsushita, Ryosuke Kuroda</i>	Dr Yuta Nakanishi

continue next page


Day 2 Programme - 5th April 2019 (Friday)

Lecture Hall B, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
1552 - 1559	JBA 02	Comparison Of Notch Width Index Between Tibia Intercondylar Eminence Avulsion Fracture And Anterior Cruciate Ligament Injury Patients <i>Xingquan Xu, Dongquan Shi, Qing Jiang</i>	Dr Xingquan Xu
1559 - 1606	JBA 03	Outcome Evaluation Of Medial Patella-Femoral Ligament Reconstruction In Recurrent Patellar Dislocation Using Double Tunnel Technique <i>Vishnu Senthil Kumar</i>	Dr Vishnu Senthil Kumar
1606 - 1613	JBA 04	Is Reduction Of Meniscal Extrusion Possible In Degenerative Medial Meniscus Root Repair? And Study Of Factors Affecting Extrusion & Outcome Following Medial Meniscal Root Repair <i>Ramakanth R, Sundararajan SR, Rajasekaran S</i>	Dr Ramakanth Rajagopalakrishnan
1613 - 1620	JBA 05	Finding Out The Strongest Tendon Autograft: Cadaver Research <i>Krisna Yuarno Phatama</i>	Dr Krisna Yuarno Phatama
1620 - 1627	JBA 06	Evaluating The Risk Of Popliteal Artery Injury In The All-Inside Meniscus Repair Based On The Location Of Posterior Meniscal Lesions <i>Mohamed Zubair Mohamed Al-Fayyadh</i>	Dr Mohamed Zubair Mohamed Al-Fayyadh
1627 - 1634	JBA 07	Restoration Of Glenoid Joint Line By Bone Grafting And Reverse Shoulder Arthroplasty In Patients With Significant Glenoid Bone Loss <i>Kristine Italia, Nicolas Green, Jashint Maharaj, Ashish Gupta</i>	Dr Kristine Italia
1634 - 1641	JBA 08	The Effect Of Tourniquet Placement Site On Hamstring Autograft During ACL Reconstruction <i>Palkumbura DC, Niroshana GAL, Wijegunawardane WAKE, Gunawardene WDMP, Sooriyarachchi R</i>	Dr Palkumbura Damith Chamikura
1641 - 1648	JBA 09	Chondrogenesis With Stem Cells In Massive Chondral Defects – A Randomized Control Trial <i>Saw Khay-Yong, Reza Ng, Caroline Jee, Adam Anz</i>	Dr Saw Khay-Yong
1648 - 1655	JBA 10	Effect Of Limb Dominance On Early Functional Outcomes And Return To Sports After Anterior Cruciate Ligament Reconstruction <i>Boo HC, Howe TS, Koh SB Joyce</i>	Dr Boo Ho Chin
END OF DAY 2			

Day 2 Programme - 5th April 2019 (Friday)

Lecture Hall C, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME	
0700 - 1730	REGISTRATION COUNTER OPEN	
0800 - 0900	ICL 2 - AC JOINT (Refer to Page 17 for ICL Programme)	
0900 - 1000	PLENARY LECTURES IN LECTURE HALL A	
1000 - 1045	TEA BREAK & EXHIBIT VISIT	
	FREE PAPER ORAL PRESENTATIONS 5	
		Chairperson Prof Dr Tunku Kamarul Zaman
1045 - 1052	FC 36	The Use Of Magnesium Alloy Screws In Open Midfoot Fracture Dislocations <i>Aaron K, Tan GM, Tang ZH, Park DH</i>
1052 - 1059	FC 37	A Percutaneous Repair Technique Of Acute Closed Traumatic Tendo-Achilles Rupture Using Suture Anchors And Fibre Wire - A Retrospective Functional Outcome Study Of 20 Cases <i>Ameet Pramod Kulkarni, Abhishek Mannem, Mallinath Gidaganti</i>
1059 - 1106	FC 38	Comparative Biomechanical Study Of Acute Tendon Of Achilles Repair Between Krackow <i>Mary RG, Italia KR, Canlas JRC, Rotor RS</i>
1106 - 1113	FC 39	Efficacy Of PRP And Steroid Injection In Treatment Of Chronic Plantar Fasciitis - A Prospective Double Blind Study <i>Prasad Soraganvi</i>
1113 - 1120	FC 40	Screw Fixation In An Isolated Open Comminuted Fracture Right Calcaneum And Open Pseudo-Jones Fracture Right 5th Metatarsal Bone: A Very Rare Case Report <i>Premdas B, Kamarul A, Azammuddin A, A Rauf AR</i>
1120 - 1127	FC 41	Achilles' Tendon Repair By Double Anchor Suture Technique Our Experience In Tertiary Care Hospital <i>Mariam Zaighum, M.Kazim Rahim Najjad, M.Sufyan</i>
1127 - 1134	FC 42	Triceps Tendon Avulsion - A Clinicoradiological Classification And Evaluation Of Outcomes Following Primary Surgical Repair <i>Antony Roy, Balaji Zacharia</i>
1134 - 1141	FC 43	Annular Ligament Reconstruction With A Synthetic Ligament Using Different Methods Of Bony Fixation: Anchor Suture And Intraosseous Ulna Tunnel <i>Norliyana Mazli, Muhd Hezery Harun, Levin Kesu Belani, Jamari Sapuan, Shalimar Abdullah</i>
1215 - 1245	LUNCH SYMPOSIUMS IN LECTURE HALLS A & B	
1245 - 1345	LUNCH BREAK & EXHIBIT VISIT	
	FREE PAPER ORAL PRESENTATIONS 6	
		Chairperson Dr Siti Hawa Tahir Dr Sureshan Sivananthan
1345 - 1352	FC 44	Comparative Study On Effectiveness Of Platelet Rich Plasma Injection Versus Steroid Injection In Treatment Of Lateral Epicondylitis <i>Raghavendra Raju Rayadurg Palegar, Prasad Soraganvi</i>
1352 - 1359	FC 45	Clinical Outcome Of Percutaneous Common Extensor Tenotomy For Resistant Lateral Humeral Epicondylitis <i>Rajat Ranjan, Sandeep</i>
1359 - 1406	FC 46	Biomechanical Comparison Of Double-Strand Suture Augmentation For Ulnar Collateral Ligament Repair And Salvage Ulnar Collateral Ligament Reconstruction <i>Yasuo Itami, Teruhisa Mihata, Michelle McGarry, Charles Lin, Nilay Patel, Adam Kantor, Masashi Neo, Thay Lee</i>

continue next page


Day 2 Programme - 5th April 2019 (Friday)

Lecture Hall C, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
1406 - 1413	FC 47	Evaluation Of Diagnostic Modalities In Knee Injuries <i>Sidhant Goyal, Mohit Shete, Anant Waybase, Sanjay Popere, Abhay Kulkarni</i>	Dr Sidhant Goyal
1413 - 1420	FC 48	Effectiveness Of Proximal Fibular Osteotomy; Improvement With Knee Function And Pain In Medical Component Arthritis <i>Hanif M, Tariq S, Gillani SFUHS</i>	Dr Muhammad Hanif
1420 - 1427	FC 49	Combined Reconstruction Of The Medial Collateral Ligament And Anterior Cruciate Ligament Using Ipsilateral Semitendinosus Tendon And Opposite Semitendinosus With Ipsilateral Gracilis Tendon <i>Dibakar S, Ahmed AM</i>	Dr Dibakar Sarkar
1427 - 1434	FC 50	Functional Outcomes Of Arthroscopic Stabilization With Suture Anchors Of Recurrent Anterior Shoulder Instability <i>Latif Khan, Kamran Butt, Khalid Masood, Khalid Zulfiqar, Belal Saadat, Karam Rasool, Kashif Shafi</i>	Dr Kamran Butt
1434 - 1441	FC 51	Factors Affecting The Intraabdominal Pressure And Foot Perfusion During Hip Arthroscopy: A Preliminary Study Of 8 Patients <i>Ali Ihsan Kilic, Onur Hapa, Onur Gürsan, Hasan Havitçioğlu, Mahmut Nedim Doral</i>	Dr Ali Ihsan Kilic
1441 - 1448	FC 52	The Buddy Tunnel Technique – An Implantless Technique To Augment Tibial Fixation For Short ACL Grafts <i>Udhayashankar Selvaraman</i>	Dr Udhayashankar Selvaraman
1515 - 1545	TEA BREAK & EXHIBIT VISIT		
1545 - 1715	SESSIONS RUNNING IN LECTURE HALLS A & B		
	END OF DAY 2		

Day 3 Programme - 6th April 2019 (Saturday)

Lecture Hall B, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
0700 - 1400	REGISTRATION COUNTER OPEN		
	ICL 3 - OSTEOTOMY AROUND THE KNEE		
		Chairperson	Dr Ng Wuey Min Dr Dadang R. Sasetyo
0800 - 0810	SI 12	Clinical Indications And Assessment	Prof Dr Wan Hazmy Che Hon
0810 - 0820	SI 13	Radiological Planning	Dr Saw Khay-Yong
0820 - 0830	SI 14	Tibial Osteotomy - Pearls And Pitfalls	Prof Dr Han Seung-Beom
0830 - 0840	SI 15	Femoral Osteotomy - Pearls And Pitfalls	Prof Dr Han Seung-Beom
0840 - 0850	SI 16	Combined HTO TTO	Assoc Prof Dr Abdulaziz Zamil Alomar
0850 - 0900		Q & A Session	All Speakers Above

Day 3 Programme - 6th April 2019 (Saturday)

Lecture Hall C, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
0700 - 1400	REGISTRATION COUNTER OPEN		
	ICL 4 - SHOULDER ARTHROPLASTY		
		Chairperson	Dato' Dr Badrul Akmal Hisham Md. Yusoff Asst Prof Dr Wong Tak Man
0800 - 0810	SI 17	Hemiarthroplasty Indications And Usages	Prof Dr A. Merter Ozenci
0810 - 0820	SI 18	Anatomical Total Shoulder Arthroplasty	Dr Peter Campbell
0820 - 0830	SI 19	Biomechanics Of Reverse Shoulder Arthroplasty	Dr Hishamudin Masdar
0830 - 0840	SI 20	Reverse Shoulder Arthroplasty In Massive Cuff Tear - With Or Without GH Arthritis	Prof Dr Park Jin-Young
0840 - 0850	SI 21	Reverse Shoulder Arthroplasty – Proximal Humerus Fracture	Dr Peter Campbell
0850 - 0900	SI 22	Reverse Shoulder Arthroplasty In Bone Loss (Humerus / Glenoid)	Dr Jaap (W. J.) Willems


Day 3 Programme - 6th April 2019 (Saturday)

Lecture Hall A, Level 6, Hilton Hotel Kuala Lumpur

TIME	PROGRAMME		
0700 - 1400	REGISTRATION COUNTER OPEN		
0800 - 0900	ICL SESSIONS IN LECTURE HALLS B & C <i>(Refer to Page 23 for ICL Programme)</i>		
0900 - 0930	PLENARY 6		
		Chairperson	Datuk Dr Mohd Asri Abd Ghapar
	PL 06	PCL & PLC: My Experience	Prof Dr Michael J. Strobel
0930 - 1000	PLENARY 7		
		Chairperson	Prof Dr Ellewellyn G. Pasion
	PL 07	Amazing Journey Of The Anterior Cruciate Ligament In The Past Decade, Bundles And Tunnels	Prof Dr Halit Pinar
1000 - 1030	TEA BREAK & EXHIBIT VISIT		
	KNEE 4 - MENISCUS		
		Chairperson	Prof Dr Chen Shiyi Dr Luthfi Hidayat
1030 - 1042	SK 16	Why Save The Meniscus?	Prof Dr Ryosuke Kuroda
1042 - 1054	SK 17	Partial Meniscectomy - Filling The Defects	Dr Umer Butt
1054 - 1106	SK 18	How Do You Do An Ideal Meniscus Repair?	Dr Dave Lee Yee Han
1106 - 1118	SK 19	Meniscus Root Repair	Dr Anish G R Potty
1118 - 1130	SK 20	Meniscus Ramp Repair	Assoc Prof Dr Bancha Chernchujit
1130 - 1142	SK 21	Meniscus Allograft Transplant - All That You Need To Know	Asst Prof Dr Alan Getgood
1142 - 1200		Q & A Session	All Speakers Above
	KNEE 5 - KNEE POTPOURRI		
		Chairperson	Dr Robert John Bartlett
1200 - 1212	SK 22	Shockwave Treatment (ESWT) In Sports Medicine	Dr K Raveendran
1212 - 1224	SK 23	Internal Bracing For ACL Reconstruction - Technique And Results	Dr Anish G R Potty
1224 - 1236	SK 24	Algorithm For Managing Chondral And Osteochondral Lesions	Asst Prof Dr Alan Getgood
1236 - 1248	SK 25	The Experience Of ACL Reconstruction With Synthetic Ligament: Where We Are Now?	Prof Dr Chen Shiyi
1248 - 1300	SK 26	Early Vs Delayed Surgery In Knee Multiligament Injury	Dr Luthfi Hidayat
1300 - 1312	SK 27	Biological Enhanced ACL Graft Expansion Reconstruction	Dr Umer Butt
1312 - 1330	SK 28	Knee Rotation After ACL Reconstruction Surgery: MRI Evaluation	Dr Ludwig Andre Pontoh
1330 - 1400	JB EXCELLENCE IN SPORTS SURGERY AWARD PRESENTATION & CLOSING CEREMONY		
	END OF APOA SPORTS MEETING INCORPORATING ORTHOPAEDIC RESEARCH 2019		